



is so much **FUN!**

We inspire girls to be joyful,
healthy and confident using
a fun, experience-based
curriculum which creatively
integrates running.

This program incorporates
training for a 5K with lessons
to empower and encourage girls
in 3rd through 5th grade.



**Online
registration
OPEN NOW!**

Registration Fee \$190
Financial Assistance
Available

**Open to Chippewa, Lynwood & Waverly
Season begins March 14th & meets twice
a week for 10 weeks.**

LOCATION

Sagamore Middle School

DAY AND TIME

Wednesday - 4:30-6:00 pm

Saturday - 8:30-10:00 am



**For registration & more information,
visit www.gotrlongisland.org**

or contact Katie Finn at
katiefinnspeech@gmail.com